

THE BODY

October 4, 2026

BIG IDEA

Devotion to the apostles' teaching and to prayer binds us to God and one another, as the body.

KEY SCRIPTURE

Acts 2:42-47

ADDITIONAL SCRIPTURES

Luke 24:13-37, 2 Timothy 3:16

RESOURCES

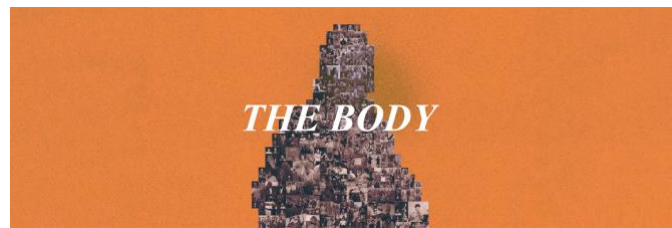
Celebration of Discipline – Richard Foster

Spirit and Sacrament: An Invitation to Eucharistic Worship – Andrew Wilson

SEEN

1. Prior to meeting, individually spend time meeting God in the key scripture.
2. Read the passage of scripture two times slowly and reflectively. The goal is to allow the text to sink in and resonate personally. Look for words and phrases that stand out to you and write them down.
3. Read the passage slowly one more time, pay extra attention to the parts that stood out to you the first time. Consider how these words or phrases might apply to your life right now. What might the Lord be inviting you to?
4. Respond to God in prayer, express your thoughts, feelings, and desires in relation to the scripture. Rest now in God's presence, allow for silence and stillness. Listen for God's voice and experience a deeper connection with him.

SHAPED



Thinking about the Sunday sermon what stuck out for you in what was said?

In your time reflecting on the key scripture what stood out to you?

The sermon looked at the reliability and authority of the scriptures. In your own words, how would you explain to someone why you trust and follow the Bible?

The early believers committed themselves to living out the way of Jesus as taught by the apostles, and recorded in the New Testament. What does it look like for Scripture to have authority in our lives, particularly when it challenges our assumptions, preferences, or behaviour?

What do your personal rhythms of prayer look like? Do you find it hard to pray consistently? Why or why not?

Richard Foster says "In prayer, real prayer, we begin to think God's thoughts after him: to desire the things he desires, to love the things he loves, to will the things he wills." Do you recognise the Spirit's transforming work in you as you pray? How could you grow in awareness of his sanctifying work?

The sermon emphasized both bringing needs to God in prayer but also seeking his guidance. Can you think of a time in your life you discerned God's leading in a situation or decision? How can we grow in recognising and obeying God's voice?

Devotion to fellowship, the Apostles' teaching, prayer and the breaking of bread were foundational for the early church. How does, or can, your life group integrate these essential practices of Christian community?

SENT

Just as we are blessed to be a blessing, in being seen by God, he invites us to truly see others. This week be mindful, is God nudging you to notice someone in your community? Reach out to that person.