

WITH YOU

January 18, 2026



BIG IDEA

The Holy Spirit is not an impersonal force, but a Person – God Himself – sent to be with us forever.

KEY SCRIPTURE

John 17:15-19

ADDITIONAL SCRIPTURES

1 Cor 6:11; Gal 5:16-17; Matt 11:28-30; Eph 4:22-24

RESOURCES

Gift and Giver: The Holy Spirit for Today, by Graig S. Keener.

Cultivating the Fruit of the Spirit: Growing in Christlikeness, by Christopher J.H. Wright

Keep in Step with the Spirit: Finding Fullness in Our Walk with God, by J.I. Packer.

Spiritual Disciplines Handbook: Practices that Transform Us, by Adele Ahlberg Calhoun

SEEN

1. Prior to meeting, individually spend time meeting God in the key scripture.
2. Read the passage of scripture two times slowly and reflectively. The goal is to allow the text to sink in and resonate personally. Look for words and phrases that stand out to you and write them down.
3. Read the passage slowly one more time, pay extra attention to the parts that stood out to you the first time. Consider how these words or phrases might apply to your life right now. What might the Lord be inviting you to?

4. Respond to God in prayer, express your thoughts, feelings, and desires in relation to the scripture. Rest now in God's presence, allow for silence and stillness. Listen for God's voice and experience a deeper connection with him.

SHAPED

Thinking about the Sunday sermon what stuck out for you in what was said?

In your time reflecting on the key scripture what stood out to you?

Psalm 139:23-24 calls on the Lord to search us, to test me and know my anxious thoughts. How easy is it to ask this question of the Lord? Why? When was the last time you asked this question? Are you willing to ask the question now? What is the Spirit saying to you?

We all face the reality of the sanctification gap, of where we want to be. The danger is that we turn to moral formation rather than dealing with the root issue: deep, broken wounds. What are the areas that you have tried to morally shape from the outside, and just be a better Christian?

Jesus invites all who are weary and burdened and I will give you rest and to take his yoke on him for His yoke is light. What rhythms and

SENT

Just as we are blessed to be a blessing, in being seen by God, he invites us to truly see others. This week be mindful, is God nudging you to notice someone in your community? Reach out to that person.