

Communion – The Lord's Supper

Communion means that we share something in common. When we participate in Communion, we are saying we have a common faith in Jesus and have turned our lives over to Jesus, believing he is the only way to God. During Communion, we are remembering Jesus and his sacrifice on the cross, and the new covenant we have with God. You can find an account of the Last Supper in Matthew 26:17-29 and a recounting of it in 1 Corinthians 11:23-25.

Your grade 4-6 student who is joining you for this weekend's gathering will have a chance to witness our church community celebrating Communion together. It is an important event in each believer's ongoing faith journey, and it is important for your child to understand the meaning and significance of Communion.

At KAC, we practice an open table. This means that anyone who believes in the saving work of Jesus Christ through his death and resurrection and who has given their life over to him, can take part in Communion. This includes your child.

Readiness

If you are unsure about your child's decision to follow Christ and their understanding of Communion, this is an opportune time to talk with them about their faith. If they have not chosen to take this step in faith, that's okay, keep praying for the Spirit to work in them. Allow them to sit back and observe the service and keep pouring into your child's faith journey with regular faith talks, God sightings, and just living out life together. Through observing this important church practice, your child will have questions that will engage them in further developing their faith.

If your child is ready to take part in communion, allow them to. Please have a conversation with them about their thoughts and feelings surrounding communion. Answer any questions they may have and give them simple instructions, letting them know what to expect and how the church practices taking part together.

Read

- Matthew 26:17-29
- 1 Corinthians 11:23-25

Follow up questions

1. What is the difference between the communion meal and a snack?
2. When you drink the grape juice, what could you remember about Jesus?
3. Jesus said that he is "the bread of life." What do you think he meant? Why do you think Jesus said that?

Before participating

Prepare your heart. You are invited to reflect quietly, listening to God and thinking back on your attitude and actions over the last while. If you remember specific areas of wrongdoing or negative attitude, take time to talk to God about it and ask for forgiveness. If needed, determine how you will make things right with someone as soon as possible going forward. Take part in Communion knowing you are forgiven through Christ.